



**PRESS RELEASE
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Business: AvantiCare
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AvantiCare spreads its caring wings to include a Wellbeing Hub

Leading health care business AvantiCare has been providing holistic allied health care practitioners, training, and education services to the residential aged sector for over 20 years, and more recently to home care. With a move to larger premises last year, AvantiCare is now able to provide yet another valuable health service to the wider adult community at their Fullarton Road premises: A Wellbeing Hub.

It will be no surprise to many that AvantiCare has added another string to its bow. In fact, Telstra SA Small Business Women of the Year winner and Founder/Managing Director Lidia Conci is constantly exploring ways to grow and facilitate her passion: providing highly skilled clinicians and restorative care solutions where they are needed most.

The scope of the AvantiCare Wellbeing Hub is innovative. Clients to the new facility will now be assigned a free of charge Health Concierge, a loyal and experienced staff member to ensure that they receive a holistic and tailored approach to their total health needs.

No more repeating ailments, health history and symptoms. No murky links between available health therapies. With a small army of senior experienced clinicians, which includes Physiotherapy, Occupational Therapy, Dietetics, Speech Therapy and Podiatry, and even a range of wellbeing services, clients of AvantiCare will be encouraged to take a holistic view of their life backed up by the professionals needed to tackle any issues head on. The AvantiCare Health Concierge will create a plan for clients to make effective health choices together with the best people to help them get there, all under one roof.

“Individuals must be able to have ownership of their health journey and make well informed decisions based on good advice. Wellbeing is the by-product of a holistic approach to health and good lifestyle choices, and we are able to empower our clients to make those good choices” Lidia said.

AvantiCare have demonstrated practical solutions to health outcomes in the aged sector for many years, acknowledging that the inclusion of holistic health options can assist physical and cognitive decline. It was a natural progression for them to include wellbeing for the whole community.

“We also have a private space with rehabilitation equipment so that our clients can learn how to be independent with their exercise and wellbeing programs in their own home,” said Lidia. “We provide evidence-based building blocks for their health journey, empowering them to achieve their goals and live their life with purpose.”

AvantiCare is located at 35 Fullarton Road, Kent Town.
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